The Partners for a Healthier Ross County, Executive Summary

ROAD TO IMPROVEMENT

The Partners for a Healthier Ross County works to improve health outcomes within the county through cross-sector collaboration.

Improvement should include:

Health Equity Focus; Social, economic and physical improvements; Policy development; Improving health behaviors; and Increasing access to health care.

CROSS CUTTING HEALTH FACTORS IN ROSS CO

18% **Live in Poverty**
Low income/poverty is a contributing factor to poor health behaviors and outcomes.

Substance Abuse

- **25%** Admit to tobacco/tobacco related product use
- **50%** Consume alcohols
- **65%** Suggest substance abuse prevention education for children

Physical Activity and Nutrition

- **25%** Do not get at least 30 minutes of physical activity a week
- **33%** Admit to being overweight or obese
- **50%** Eat just one or fewer servings of fruit/vegetables a day

22% **Access to Care**
Say access to care needs to improve in Ross Co.

Housing

- **22%** Have experienced unstable housing or homelessness
- **25%** Struggle to pay for housing

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LIFE EXPECTANCY

Variations in life expectancy within Ross County can vary by nearly 11 years from one neighborhood to another.

U.S. 79

OHIO 77

ROSS COUNTY 75

Source: 2019 County Health Ranking, Ohio Dept. of Health

LEADING CAUSES OF DEATH

Ross County (rate per 100,000)

Heart Disease 206

Accidents 76

Stroke 43

Cancer 196

Chronic Lung Disease 74

Diabetes 34

TOP HEALTH OUTCOMES

From Public Survey Responses

- 38% Depression or Anxiety
- 18% Asthma
- 33% Obesity/Overweight
- 12% Cancer
- 18% Diabetes
- 5% Heart Disease

Source: Ross Co. 2019 Adult Survey

TOP HEALTH OUTCOMES

Suggested by Public Survey Responses

- Drug Abuse Education for Children 65%
- Suicide Prevention for Children 45%
- Mental Health Education for Children 41%
- Low Income Poverty 35%
- Drug & Substance Abuse 22%

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